CLAIMS

What is claimed is

1. A method comprising:

A set top box (STB) displaying an Electronic Programming Guide (EPG) on a display;

In response to a single selection from a user, transferring a program and auxiliary data related to the program from a first storage device of the STB to a removable storage device.

- 2. The method of claim 1, wherein the single selection includes a single pressing of a selected portion on a control panel of the STB.
- 3. The method of claim 1, wherein the single selection includes a single pressing of a selected portion on a remote control apparatus.
- 4. The method of claim 1, further including, in response to a single selection from the user, transferring a program and auxiliary data related to the program from the removable storage device to the first storage device of the STB.

- 5. The method of claim 4, further including maintaining an index of programs and related auxiliary data transferred from the first storage device to the removable storage device.
- 6. The method of claim 5, furthering including, in response to a user selecting a program transferred on to the removable storage device, the STB prompting the user to insert the removable storage device into the STB.
- 7. The method of claim 6, wherein the removable storage device is a DVD-RAM.
- 8. A machine readable medium having stored thereon a set of instructions, which when executed causes a system to perform a method comprising:
 A set top box (STB) displaying an Electronic Programming Guide (EPG) on a display;
 In response to a single selection from a user, transferring a program and auxiliary data related to the program from a first storage device of the STB to
- 9. The machine readable medium of claim 8, wherein the single selection includes a single pressing of a selected portion on a control panel of the STB.

a removable storage device.

- 10. The machine readable medium of claim 8, wherein the single selection includes a single pressing of a selected portion on a remote control apparatus.
- 11. The machine readable medium of claim 8, further including, in response to a single selection from the user, transferring a program and auxiliary data related to the program from the removable storage device to the first storage device of the STB.
- 12. The machine readable medium of claim 11, further including maintaining an index of programs and related auxiliary data transferred from the first storage device to the removable storage device.
- 13. The machine readable medium of claim 12, furthering including, in response to a user selecting a program transferred on to the removable storage device, the STB prompting the user to insert the removable storage device into the STB.
- 14. The machine readable medium of claim 13, wherein the removable storage device is a DVD-RAM.
- 15. A system comprising:

A set top box (STB) to display an Electronic Programming Guide (EPG) on a display;

In response to a single selection from a user, a transfer unit to transfer a program and auxiliary data related to the program from a first storage device of the STB to a removable storage device.

- 16. The system of claim 15, wherein the single selection includes a single pressing of a selected portion on a control panel of the STB.
- 17. The system of claim 15, wherein the single selection includes a single pressing of a selected portion on a remote control apparatus.
- 18. The system of claim 15, further including, in response to a single selection from the user, the transfer unit transfers a program and auxiliary data related to the program from the removable storage device to the first storage device of the STB.
- 19. The system of claim 18, further including an index unit to maintain an index of programs and related auxiliary data transferred from the first storage device to the removable storage device.
- 20. The system of claim 19, furthering including a unit to prompt the user to insert the removable storage device into the STB in response to a user selecting a program transferred on to the removable storage device.

21. The system of claim 20, wherein the removable storage device is a DVD-RAM.